North Carolina Board of Pharmacy Recommendations Concerning Potential Compounding Garb Shortages

In light of the current escalation of the spread of COVID-19, there may be limitations in the supply chain for protective garbing supplies. This Board guidance offers recommendations and strategies to conserve protective garb while maintaining an appropriate level of containment and limiting exposure of compounded sterile products to contaminants.

Please note that engaging in some of these recommendations may result in your pharmacy being out of compliance with USP Chapters <795> and <797>. The Board will exercise enforcement discretion during this time of limited supplies IF your pharmacy can demonstrate it complied with best practices during a period of documented supply limitations. If your pharmacy decides to implement any of the following recommendations during a shortage period, and implementation results in noncompliance with USP Chapters <795> and <797>, you must develop and maintain a policy demonstrating compliance with best practices (e.g., if reusing face masks, you must develop a policy and procedure for identification, storage, and handling of face masks subject to reuse).

NOTE: USP, FDA, and Critical Point have all issued temporary guidance on these subjects during the COVID-19 Health Emergency. The following is an overview of all three guidance documents. The links to both guidance documents is listed at the bottom of this document. Please take the time to review both of these documents.

Recommendations:

1. **In considering and implementing recommendations for conserving protective garb, priority must be given to preserving garb for direct patient care personnel.**

2. Inventory your pharmacy’s current protective garb supplies and assess how long the garb is likely to last under current policies. If your current supply is running low, attempt to order more (regular size order, not hoarding) if you can. If your supply (existing plus future order capability) will not be sufficient to last TWO months, consider immediate implementation of one or more of these strategies for conservation.

3. Utilize existing Standard Operating Procedures to limit exposure and limit use of garb
   a. Limit personnel entering the clean room (exclude anyone exhibiting signs of any illness, reduce the number of personnel engaged in compounding activities, stage supplies outside the compounding area, minimize trips into the clean room, etc.)
   b. Limit contamination (ensure personnel hygiene, wear freshly laundered scrubs every day, meticulous disinfection, walk slowly and deliberately in the clean room, re-sanitize frequently, don’t talk while compounding, don’t touch your face mask after donning, etc.)
   c. Reducing sterile compounding activities considering risk and need.
4. In Response to a mask shortage
   a. Consider limited reuse of face masks used in non-HD compounding
      i. If possible, reuse for one shift. If using mask for more than one shift, mask must
         be inspected for visible holes, discoloration, or other physical defects.
      ii. Remove in a manner that prevents contamination. Remove using ear loops and
          avoid touching mask area.
      iii. Mask should not be removed from compounding area.
      iv. Store the mask in a low particle shedding clean and breathable fabric mesh bag or
          metal lattice after each use that is kept in a classified area. This promotes drying
          and airflow.
      v. Masks should never be shared between employees.
      vi. Retained masks should be stored where they are donned, individually identified,
          donned prior to hand washing, and not touched after proper placement.
      vii. Retained masks should be replaced when the mask condition is questionable, the
          mask is visibly soiled, or after a period of time as determined in facility policy.
          This policy should be based on handling technique and condition of the mask.
   b. If mask are not available, use clean fabric to cover nose and mouth.
      i. Fabric must be low-linting.
      ii. New covering must be used for each compounding session.
   c. Pharmacy must have detailed policies and procedures for mask reuse or use of cloth
      mask.

5. In Response to a gown shortage
   a. Decrease the number of employees in the sterile compounding area to reduce use.
      i. Consider using already garbed compounding staff for facility cleaning/disinfecting
         activities, rather than utilizing more garb for environmental services employees.
   b. Retain and reuse gowns for an entire shift/day.
   c. If gowns are reused for longer periods of reuse (no more than 1 week), store them on
      individual hooks. Do not store them inside out. Deliberate and careful removal is essential.
      i. Remove gowns slowly and carefully.
      ii. Gowns should be stored on the clean side of the ante room away from the sink.
      iii. Gowns should be discarded when they are visibly soiled or after a period of time
           as determined in facility policy.
      iv. Gowns used for cleaning or HD compounding should not be retained or reused.
   d. When gowns are reused, add disposable sleeve covers (sterile or non-sterile are permitted)

6. Use of sleeve covers
   a. Sleeve covers should be opened in the buffer room/SCA area after handwashing procedures
      and the gown is donned.
   b. Sleeve covers should be placed over the donned gown sleeve and should close tightly at
      the wrist.
   c. Sterile gloves should be donned last and cover the wrist of the sleeve cover.

7. In Response to a shoe cover shortage
   a. Do not reuse shoe covers, including turning them inside out for reuse.
   b. Consider use of cleanable, facility-dedicated shoes that are not worn outside the
      compounding area.
c. Source alternative shoe covers, such as construction grade shoes covers.
d. Consider the use of dedicated shoes in Hazardous Drug (HD) compounding areas and reduce use to one set of shoe covers.
e. Develop systems to deliver materials to compounding employees to reduce HD garb change required when entering the HD space. The use of pass-throughs and dedicated carts should be formalized and maximized.

8. In Response to hand sanitizer shortage
   a. Consider limiting hand sanitizer use to glove change procedures only.
   b. Alcohol-based hand sanitizer not intended for clean room or surgical use may be utilized as a replacement.
   c. Do not apply IPA directly to hands.
   d. FDA has issued guidance concerning the compounding of Hand Sanitizer: http://www.ncbop.org/PDF/Guidance_hand_sanitizers_031420.pdf
   e. USP has also issued guidance concerning the compounding of hand sanitizer: https://www.usp.org/sites/default/files/usp/document/about/public-policy/usp-covid19-handrub.pdf
      i. USP has recommended 3 formulas for compounding hand sanitizer
      ii. If implementing the provisions in this document, the expectation is that compoudners follow USP General Chapter Pharmaceutical Compounding – Nonsterile Preparations, including the following:
         1. Personnel trained in the compounding procedures
         2. USP, NF or Food Chemicals Codex (FCC) grade ingredients should be used as the recommended source of ingredients
            a. When components meeting compendial quality standards are not obtainable, components of equivalent quality – such as those that are chemically pure, analytical reagent grade or American Chemical Society-certified – may be used.
         3. All equipment to be clean, properly maintained, and used appropriately
         4. A Master Formulation Record and Compounding Record to be prepared
         5. A Beyond-Use Date to be assigned.
      The preparation to be appropriately labeled
         a. Label to note the final concentration of ethanol or isopropyl alcohol
      iii. Understanding that there may be shortages of ingredients used to compound these formulations of alcohol-based sanitizers, the USP CMP EC provides the following notes on substitution.
         1. Both General Chapter and this document note that USP, NF or FCC grade ingredients should be used as the recommended source of ingredients. When components meeting compendial quality standards are not obtainable, components of equivalent quality – such as those that are chemically pure, analytical reagent grade, or American Chemical Society-certified – may be used.
         2. Use denatured alcohol over non-denatured alcohol because there have been reports of adverse events, including deaths, from unintentional ingestion of hand sanitizer, particularly in young children.
         3. Glycerin and glycerol are synonymous and may be interchanged. Glycerin or glycerol are added as a humectant, and not to enhance viscosity.
         4. No ingredients should be added to enhance viscosity as they may decrease the effectiveness of the final preparation.

9. In Response to Sterile Isopropyl Alcohol
   a. Always use sIPA
      i. When sanitizing sterile gloves
      ii. To wipe down Direct Compounding Area (DCA)
      iii. To wipe critical sites
   b. Consider using presaturated sterile wipes
   c. Consider using a registered low residue EPA registered disinfectant to wipe down all surfaces in PEC, staging areas, and equipment.
      i. Wipe only DCA with sIPA
   d. Wipe items with a low residue EPA registered disinfectant instead of using sIPA

10. If you have implemented any of the above recommended conservation strategies, implement additional environmental monitoring in the PEC used for sterile compounding.
    a. Increase frequency of cleaning and disinfecting compounding surfaces
    b. Increase use of sporicidal agents in compounding areas.
    c. Disinfect gloves more frequently.
    d. Weekly, dynamic microbial surface sampling inside the PEC on the Direct Compounding Area (DCA).
       i. If growth occurs, consider changes to supply cleaning/disinfecting procedures, changes to the procedure for material transfer into the PEC, or increasing the frequency of DCA sanitation procedures. Further testing growth to genus level would only be expected when growth exceeds action levels.
       ii. If a growth occurs that exceeds action levels, retrain staff, resample the site, and potentially decrease the BUD until a compliant sample is obtained.
    e. While weekly, dynamic microbial surface sampling inside the PEC is preferred, if this is not possible.
    f. USP has issued guidance on appropriate BUDs to be used during this health emergency. This document can be found: https://www.usp.org/compounding.
    g. Keep records of all compounded product that was made using non-standard PPE.

11. When a garb shortage affects Personal Protective Equipment (PPE) used for HD compounding.
    a. The current recommendation is that garb used in HD compounding should not be reused.
    b. Implement process changes that reduce the use of PPE, such as:
       i. Grouping HD compounding together,
       ii. Designating a time when HD compounding is performed,
       iii. Adjusting personnel schedules to limit to the extent possible the number of HD compounding personnel,
       iv. Encouraging HD handling in PECs (per Assessments of Risk (AoRs), PPE including respiratory protection may be required when handling occurs outside a PEC, but some may not be required when using a PEC), and/or
       v. Considering the use of other respiratory protection such as a PAPR (Powered Air Purifying Respirator), if available, when an N95 mask is otherwise required.
For additional references, information, and resources on COVID-19:

CDC COVID-19

Strategies for Optimizing Supply of N-95 Mask

Critical Point Peer Network- information, including a recorded webinar entitled “COVID-19: Downstream Implications for Sterile Compounding”, is available via the FREE “Silver Subscription”
https://peernetwork.criticalpoint.info

United States Pharmacopeia Response to Shortage of Garb Personnel Protective Equipment for Sterile Compounding during COVID-19 Pandemic
https://www.usp.org/compounding

North Carolina Department of Health and Human Services COVID-19 Response