

President Chris Sain called the meeting to order at 10 am with Board Members Mischelle Corbin, Ashley Duggins, Robert J. (Joey) McLaughlin Jr., Wallace Nelson, Chris Sain, and Keith Vance present.

Also in attendance were Executive Director Jay Campbell, Board Counsel Clint Pinyan, Associate Executive Director Ellen Vick, Director of Inspections Krystal Stefanyk, Director of Investigations Gray Fullwood, Director of Licensing Missy Betz, Director of Operations Kristin Moore, Director of Finance and Human Resources Rhonda Jones, Information Technology Administrator Antoine Pryor, Accounting Manager JP Brown, Enforcement Manager Cindy Parham, Enforcement Specialist Chase Kauffman Bissell and Administrative Assistant Leslie Wilson. Kiara Dugue, Mary Soloman, Heather Hughes, Lauren Paul, Sidonie Nipa Nupa, and Bettemarie Bond were present as guests.

#### Ethics Statement & Welcome

President Sain read the Ethics Statement regarding conflicts of interest. No conflicts were noted by Board members.

#### Consideration of Meeting Minutes

The members received the November meeting minutes for review prior to the meeting. Mr. McLaughlin moved to approve both sets of minutes. Mr. Wallace seconded. The motion passed unanimously.

#### Presentation

##### Insurance Plan Restrictions on Pharmacy Coverage and Interstate Travel (*Bettemarie Bond*)

Ms. Bond suffers from a number of serious health conditions. As a result, she receives all of her nutrition parenterally. A BioScript (OptionCare) pharmacy in Pennsylvania compounds her nutritional supplies. The volume of these nutritional supplies makes travel challenging for her if she has to bring them with her.

Ms. Bond inquired about the Board issuing a “waiver” that would allow her pharmacy in Pennsylvania to supply her with compounded prescription drug product when she travels to North Carolina even though the pharmacy does not hold (and has never applied for) a North Carolina pharmacy permit.

Mr. Campbell reported: (1) The BioScript Pharmacy in Pennsylvania refuses to apply for a North Carolina pharmacy permit. (2) Mr. Campbell contacted a BioScript Pharmacy in Fayetteville, NC (near Aberdeen, where Ms. Bond travels in North Carolina). The pharmacist-manager there is happy to accept a transfer of Ms. Bond’s prescription and compound her medications anytime she is in North Carolina. (3) The

issue is that Ms. Bond's insurer does not cover her compounded nutritional products unless she receives them from the BioScript Pharmacy in Pennsylvania.

The Board was sympathetic and understanding of the travel challenges that attend Ms. Bond's need to bring compounded nutritional supplies with her. The Board does not, however, have an ability to waive the statutory requirement that any pharmacy providing pharmacy services and products into North Carolina hold a permit to do so.

Moreover, there is no barrier that the North Carolina Pharmacy Practice Act or Board of Pharmacy Rules creates to Ms. Bond obtaining pharmacy services when in North Carolina. The Pennsylvania BioScript may obtain a North Carolina permit, but refuses to do so. The BioScript Pharmacy in Fayetteville stands ready, willing, and able to accept a transfer of Ms. Bond's prescriptions and provide service anytime she is in North Carolina.

The issue is solely a product terms of the insurance contract under which Ms. Bond is a beneficiary. The Board members expressed puzzlement that Ms. Bond's insurer is unwilling to work with her, particularly given that an affiliated, permitted BioScript pharmacy in North Carolina stands ready, willing, and able to assist.

The Board then took a ten minute break.

## Hearing

### Petition for Reinstatement, Pharmacist License #22758, Sidonie Nipa Nupa (*Campbell*)

Sidonie Niba Nupa previously held North Carolina license to practice pharmacy #22758. Dr. Nupa's license lapsed on December 31, 2015, due to non-renewal.

Dr. Nupa filed an application to reinstate her North Carolina license to practice pharmacy. On that application, Dr. Nupa explained that, since her license lapsed, she has been employed as a "Medical Science Liaison, Pharmaceutical Industry." Her work involves "Scientific expertise across different therapeutic areas, provided clinical and medical education to HCPs and other members of healthcare teams. Supported and facilitated clinical research. Therapeutic areas included psychiatry, neurology, immunology, oncology and hematology."

Board Rule 21 NCAC 46.1602(c) provides: "The Board shall require an applicant for licensure without examination who has not practiced pharmacy within two years prior to application to obtain additional continuing education, practical pharmacy experience, successfully complete one or more parts of the Board's licensure examination, or a combination of the foregoing, as the Board deems necessary to ensure that the applicant can safely and properly practice pharmacy."

After a brief question and answer period with Dr. Nupa, the Board moved into closed session with a motion from Dr. Vance and seconded by Ms. Corbin, with no dissenting votes.

Upon the Board's return, Ms. Corbin moved, and Dr. Duggins seconded, a motion to return to open session. The motion passed unanimously. President Sain relayed the Board's decision to limit Dr. Nupa's license reinstatement requirements to 500 hours of supervised intern hours and passage of the NC MPJE. Dr. Nupa will coordinate with Director of Licensing Missy Betz to complete these requirements.

### Financial Reports

November Financial Report (*Brown*)

December Financial Report (*Brown*)

JP Brown presented the monthly financial reports. The members received the report prior to this meeting. The members reviewed and had no questions.

### Licensing Report

2025 Renewal Update (*Betz*)

Director of Licensing Missy Betz provided a briefing on the 2025 license/permit/registration renewal season and included a comparison with 2024 renewal season. Renewal trends are consistent with previous years. Ms. Betz noted that this year there were minimal calls/emails concerning forgotten log-in information, demonstrating that changes to the log-in recovery process put in past years continue to work.

Pharmacists Licensed by Examination - January 1, 2024 – December 31, 2024

Board staff provided a list of all pharmacists licensed by exam in 2024 to be included in the January 2025 Board minutes.

### Investigations and Inspections Report

Investigative Statistics (*Fullwood, Parham*)

Director of Investigations Gray Fullwood presented the investigations report and current caseload.

Board of Pharmacy Compounding Summit, February 25-27, Chapel Hill, NC (*Stefanyk*)

Ms. Stefanyk gave a registration update for the upcoming Compounding Summit.

Legislative Report (*Pinyan, Campbell*)

The General Assembly convened its 2025 long session on January 8, 2024.

The Board has previously discussed legislative items that were introduced in the last session affecting pharmacy practice and that could come up again.

As is always true at the beginning of a new legislative session, a flurry of bill filings will occur in the next few weeks. Board staff will track and report.

Rulemaking Report (*Pinyan, Campbell*)

For Action by the Board: None

Rulemakings in Progress: None

Rulemakings Completed: None

Committee Reports

None. Next committee workday, February 11, 2025

Board Election for Northeast and Central Districts (*Moore*)

IT Administrator Pryor reported on the current NCBOP election, noting that the voting numbers so far are slightly ahead of the previous election.

2024 Annual Retreat Recap (*Campbell*)

DSCSA Guidance Issued (*Campbell, Vick*)

Mr. Campbell voiced his appreciation to the Board for their facilitation of discussion of the DSCSA with Associate Executive Director Vick and Jeremy Evans from the Department of Agriculture. Board staff and Dr. Evans have completed a comprehensive FAQ guidance document to DSCSA requirements, which has been posted on the Board's website.

NABP Interactive Member Forum Report (*Corbin*)

Ms. Corbin reported on the NABP Interactive Member Forum and will email all members the information packets distributed there.

2025 Tri-Regulator Symposium and Opioid Regulatory Collaborative Summit, March 6-7, Tyson's Corner, VA

Mr. Campbell reminded the Board of the upcoming symposium and summit.

NABP Annual Meeting, May 13-16, 2025, Ft. Lauderdale, FL

NABP's Annual Meeting is scheduled for May 13 – 16, 2025 in Ft. Lauderdale, FL. Each year, the Board must designate a voting delegate and an alternate for the meeting's business sessions. As well, NABP provides a travel grant for one Board member from each state – typically the voting delegate. The Board agreed that Dr. Sain would be the NCBOP delegate and Mr. Campbell would assume the role of alternate.

2026 District 3/MALTAGON Preparation

Venue Assessment (*Parham*)

Enforcement Manager Parham reported on a staff/member visit to various venues in the Asheville, NC area. The members directed Ms. Parham to proceed with securing one of the visited venues.

**Consent Agenda**

Consent Orders

Modification of Consent Order Discipline-Janell Norris Downing, Pharmacist License #16859

Consent Order Reinstating License With Conditions-Matthew William Bishop, Pharmacist License #29841

Order Regarding Licensure-Timothy Corwin, Pharmacist Licensure Applicant

Consent Order of Discipline-Steven Lashbrooks, Pharmacy Technician Registration #27860

The following items were approved.

Reciprocity Candidates

License Number	First Name	Last Name	License Type	License Status	Licensed Date	Licensure Method
33559	Andrea	Russell	Pharmacist	Active	2024-11-13	Reciprocity
33556	Taylor	LaFrance	Pharmacist	Active	2024-11-13	Reciprocity
33560	David	Bohunick y	Pharmacist	Active	2024-11-15	Reciprocity
33561	Melanie	Cheng	Pharmacist	Active	2024-11-18	Reciprocity
33562	Kafilat	Obuong	Pharmacist	Active	2024-11-18	Reciprocity
33563	Yang-Yi	Shemesh	Pharmacist	Active	2024-11-19	Reciprocity
33565	Joseph	Glowienk a	Pharmacist	Active	2024-11-20	Reciprocity
33567	Megan	Smith	Pharmacist	Active	2024-11-21	Reciprocity
33566	Ro-Derick	Middleton	Pharmacist	Active	2024-11-21	Reciprocity
33573	Keith	Warren	Pharmacist	Active	2024-11-26	Reciprocity
33577	Arhontiss a	Pardalakis	Pharmacist	Active	2024-11-26	Reciprocity
33571	Malashia	Drummon d	Pharmacist	Active	2024-11-26	Reciprocity
33572	Viha	Patel	Pharmacist	Active	2024-11-26	Reciprocity
33575	Lauren	Beard	Pharmacist	Active	2024-11-26	Reciprocity
33576	Shakola	Kingston	Pharmacist	Active	2024-11-26	Reciprocity
33578	Kacie	Diep	Pharmacist	Active	2024-12-02	Reciprocity
33580	Priya	Samlal	Pharmacist	Active	2024-12-03	Reciprocity
33581	Naomi	Abrahams on	Pharmacist	Active	2024-12-04	Reciprocity
33582	Anthony	Sidari	Pharmacist	Active	2024-12-04	Reciprocity
33583	David	Veasey	Pharmacist	Active	2024-12-05	Reciprocity
33584	Chien	Lo	Pharmacist	Active	2024-12-06	Reciprocity

33585	Alexander	Pierce	Pharmacist	Active	2024-12-06	Reciprocity
33587	Tanesha	Love	Pharmacist	Active	2024-12-06	Reciprocity
33589	Brittany	Orr	Pharmacist	Active	2024-12-09	Reciprocity
33588	Alexander	Levine	Pharmacist	Active	2024-12-09	Reciprocity
33594	Jonathan	Sweat	Pharmacist	Active	2024-12-11	Reciprocity
33593	Aaron	Lanning	Pharmacist	Active	2024-12-11	Reciprocity
33592	Amy	Canter	Pharmacist	Active	2024-12-11	Reciprocity
33598	Beimnet	Abraha	Pharmacist	Active	2024-12-13	Reciprocity
33600	Nathan	Parker	Pharmacist	Active	2024-12-18	Reciprocity
33601	Parth	Patel	Pharmacist	Active	2024-12-18	Reciprocity
33603	Dina	Weaver	Pharmacist	Active	2024-12-19	Reciprocity
33606	Lynn	Goulas	Pharmacist	Active	2025-01-06	Reciprocity
33607	Karin	Guzzle	Pharmacist	Active	2025-01-06	Reciprocity
33611	Hiteshku mar	Thakar	Pharmacist	Active	2025-01-06	Reciprocity
33610	Nicole	Scott	Pharmacist	Active	2025-01-06	Reciprocity
33605	Claudia	Fernandez	Pharmacist	Active	2025-01-06	Reciprocity
33608	Angela	Hambrook	Pharmacist	Active	2025-01-06	Reciprocity
33609	Taylor	Mardis	Pharmacist	Active	2025-01-06	Reciprocity
33615	Serena	Wong	Pharmacist	Active	2025-01-06	Reciprocity
33604	Shazia	Alavi	Pharmacist	Active	2025-01-06	Reciprocity
33617	Ella	Kotsyuba	Pharmacist	Active	2025-01-07	Reciprocity
33616	Harmony	Aker	Pharmacist	Active	2025-01-07	Reciprocity
33621	Jonathan	Thompson	Pharmacist	Active	2025-01-09	Reciprocity

33620	Mercedes	Romero	Pharmacist	Active	2025-01-09	Reciprocity
33619	Lauren	Dantas	Pharmacist	Active	2025-01-09	Reciprocity
33625	Shannon	Ray	Pharmacist	Active	2025-01-10	Reciprocity
33624	Lianet	Bourzac Pire	Pharmacist	Active	2025-01-10	Reciprocity
33626	Pauline	Tran	Pharmacist	Active	2025-01-10	Reciprocity
33628	Barry	Boyd	Pharmacist	Active	2025-01-13	Reciprocity
33629	Brian	Halleran	Pharmacist	Active	2025-01-14	Reciprocity
33630	Elizabeth	Malik	Pharmacist	Active	2025-01-14	Reciprocity

CPP Candidates

License Number	First Name	Last Name	License Type	License Status	Licensed Date
700560	Zachary	Martin	Clinical Pharmacist Practitioner	Active	2024-11-21
700561	Donna	Horton-Bowrey	Clinical Pharmacist Practitioner	Active	2024-12-04
700562	Joshua	Holmes	Clinical Pharmacist Practitioner	Active	2024-12-04
700563	Kelsey	Komyathy	Clinical Pharmacist Practitioner	Active	2024-12-05
700564	Francesca	Coppola	Clinical Pharmacist Practitioner	Active	2024-12-05
700565	Alissa	Clayton	Clinical Pharmacist Practitioner	Active	2024-12-09
700566	Taylor	Thompson	Clinical Pharmacist Practitioner	Active	2024-12-19
700567	Alec	Martschenko	Clinical Pharmacist Practitioner	Active	2025-01-13



Increase in Pharmacist: Technician Ratio

License Number	License Type	Process Type	Status	Complete Date	PT Ratio
14219	Pharmacy	PT Ratio Change	Complete	13-Nov-24	1:3
08021	Pharmacy	PT Ratio Change	Complete	18-Nov-24	1:5
12304	Pharmacy	PT Ratio Change	Complete	26-Nov-24	1:4
12450	Pharmacy	PT Ratio Change	Complete	27-Nov-24	1:5
09938	Pharmacy	PT Ratio Change	Complete	02-Dec-24	1:3
10790	Pharmacy	PT Ratio Change	Complete	02-Dec-24	1:4
13707	Pharmacy	PT Ratio Change	Complete	06-Dec-24	1:4
09207	Pharmacy	PT Ratio Change	Complete	20-Dec-24	1:5
10101	Pharmacy	PT Ratio Change	Complete	20-Dec-24	1:5
14834	Pharmacy	PT Ratio Change	Complete	02-Jan-25	1:3
10758	Pharmacy	PT Ratio Change	Complete	07-Jan-25	1:4
14661	Pharmacy	PT Ratio Change	Complete	10-Jan-25	1:4
10383	Pharmacy	PT Ratio Change	Complete	13-Jan-25	1:3
11170	Pharmacy	PT Ratio Change	Complete	13-Jan-25	1:4

Mr. Campbell asked that public record reflect that Board members recused themselves from cases over which they had presided as pre-hearing officer. Mr. McLaughlin moved to approve the consent agenda and was seconded by Dr. Duggins. The motion passed unanimously.

Mr. Campbell announced the departure of Senior Investigator/Inspector Holly Price Hunt to pursue a career in mental health counseling. Ms. Hunt expressed her thanks to the Board and the Board voiced their appreciation of her 19 years of service.

On a motion from Mr. McLaughlin, seconded by Ms. Corbin, passed unanimously, the Board moved into closed session to discuss possible summary suspensions. Mr. Campbell noted that after closed session, there would not be any more items on the agenda.

When open session resumed on a motion from Mr. Nelson, seconded by Dr. Duggins, passed unanimously, President Sain stated that the Board summarily suspended Technician Registration No. 77722 issued to Dylan Ayuso and Technician Registration No. 79079 issued to Denise Porter.

Mr. Nelson moved to adjourn. Ms. Corbin seconded. The motion passed unanimously.

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Chris Sain, President

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Mischelle Corbin

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Dr. Ashley Duggins

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Robert J. McLaughlin, Jr.

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Wallace Nelson

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Dr. Keith Vance