

**North Carolina Medical Board and North Carolina Board of Pharmacy Protocols
for Multivitamins with Folic Acid
July 21, 2023**

Pursuant to S.L. 2021-110, these protocols adopted by the North Carolina Medical Board and the North Carolina Board of Pharmacy authorize immunizing pharmacists practicing pharmacy in the state of North Carolina and licensed by the North Carolina Board of Pharmacy to dispense, deliver, or administer prenatal or multivitamin with folic acid products as directed below.

Prenatal Vitamin Dispensing Protocol	
Eligible Candidates	Any individual of reproductive age who is capable of becoming pregnant, considering pregnancy, attempting to become pregnant, or pregnant. (See attached Prenatal Vitamin Recommendation Flow Chart) These protocols may be used for persons < 18 years of age with a parent or legal guardian consent.
Medication	Any prescription prenatal vitamin formulation containing ≥ 400 mcg folic acid
Route(s) of Administration	Oral (PO)
Dose and Directions for Use	See Prenatal Vitamin Protocols Recommendation Flow Chart As supported by CDC recommendations for folic acid supplementation to prevent neural tube defects. https://www.cdc.gov/ncbddd/folicacid/recommendations.html
Refills	As needed
Contraindications	Known hypersensitivity to folic acid or any component of the formulation.
Patient Education	Every person dispensed prenatal vitamins under these protocols shall receive education regarding the use of prenatal vitamins including appropriate initiation/discontinuation and when to anticipate a dose adjustment.
Notification of Primary Care Provider	Pharmacies choosing to participate in prenatal vitamin dispensing under the authority of these protocols shall notify the patient's primary care provider. If the patient does not have a primary care provider, the pharmacist shall counsel the patient regarding the benefits of establishing a relationship with a primary care provider, and provide information regarding primary care providers, including private practices, federally qualified health centers, free clinics, or local health departments serving the area in which the patient is located.

Note: If the patient is pregnant, the pharmacist shall recommend the patient consult with PCP/ObGyn for further prenatal care.

**Prenatal Vitamin Protocol
Recommendation Flow Chart**

